



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Crnjak, Markus

Total time: 1:05:59

Number: 236

Course: 25.50 km

Rank in course/Total: 23 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 22 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 3(of 31)

Senioren 1 (TM 40)

Best time in the category: 1:02:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:00	20:00	7	2:03	65	2:42	0.50	10:00	20:00	32	2:03	241	2:42
Wechsel S -> R	-	1:40	-	3	0:18	12	0:24	0.50	11:40	23:19	32	2:03	49	2:36
Schwimmen Total	0.50	11:40	23:19	32	2:03	49	2:36	0.50	11:40	23:19	32	2:03	49	2:36
Rad netto	20.00	34:18	1:42	4	2:13	47	9:49	20.50	45:58	2:14	32	1:57	241	4:30
Wechsel R -> L	-	0:39	-	4	0:09	24	0:12	20.50	46:37	2:16	6	5:26	36	5:26
Rad Total	20.00	34:57	1:44	4	2:21	41	6:58	20.50	46:37	2:16	6	5:26	36	5:26
Lauf	5.00	19:22	3:52	3	1:31	12	1:44	25.50	1:05:59	2:35	3	3:14	22	4:39