



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Niebler, Susanne

Total time: 1:26:15

Club: TSV Amicitia Viernheim

Number: 188

Course: 25.50 km

Rank in course/Total: 254 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 60 (of 96)

Best time in course: 1:04:25

Category:

Rank in category: 10(of 19)

Seniorinnen 1 (TW 40)

Best time in the category: 1:04:25

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	13:10	26:19	15	4:30	72	4:51	0.50	13:10	26:19	20	4:30	72	4:51
Wechsel S -> R	-	2:12	-	4	0:32	15	1:32	0.50	15:22	30:44	20	4:57	97	5:16
Schwimmen Total	0.50	15:22	30:44	20	4:57	97	5:16	0.50	15:22	30:44	20	4:57	97	5:16
Rad netto	20.00	40:24	2:01	9	7:31	41	7:31	20.50	55:46	2:43	20	12:28	48	12:28
Wechsel R -> L	-	1:00	-	7	0:25	39	0:31	20.50	56:46	2:46	20	12:53	97	12:53
Rad Total	20.00	41:24	2:04	8	7:56	39	7:56	20.50	56:46	2:46	20	12:53	97	12:53
Lauf	5.00	29:29	5:53	13	8:57	69	15:06	25.50	1:26:15	3:22	10	21:50	60	21:50