



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Dörfel, Dr. Fabian

Total time: 1:08:21

Club: SV Nikar Heidelberg

Number: 233

Course: 25.50 km

Rank in course/Total: 41 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 40 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 8(of 24)

männliche AK 4 (TM 35)

Best time in the category: 1:02:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking		Pos Men	Behind Men
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.		
Schwimmen nett	0.50	9:13	18:26	5	1:18	34	1:55	0.50	9:13	18:26	25	1:18	241	1:55
Wechsel S -> R	-	2:16	-	11	0:40	87	1:00	0.50	11:29	22:57	25	0:52	43	2:25
Schwimmen Total	0.50	11:29	22:57	25	0:52	43	2:25	0.50	11:29	22:57	25	0:52	43	2:25
Rad netto	20.00	32:33	1:37	3	8:04	9	8:04	20.50	44:02	2:08	25	0:15	241	2:34
Wechsel R -> L	-	1:03	-	17	0:29	114	0:36	20.50	45:05	2:11	25	0:41	21	3:54
Rad Total	20.00	33:36	1:40	5	5:37	14	5:37	20.50	45:05	2:11	25	0:41	21	3:54
Lauf	5.00	23:16	4:39	16	5:01	99	5:38	25.50	1:08:21	2:40	8	5:42	40	7:01