



# 13. Lorsch Triathlon

Lorsch / 14.08.2016

## Detailed evaluation

Beck, Heiko

Total time: 1:10:34

Number: 237

Course: 25.50 km

Rank in course/Total: 65 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 59 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 10(of 42)

Senioren 3 (TM 50)

Best time in the category: 1:03:43

### Intermediate times

### Stage score

### Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:19	20:37	15	2:10	89	3:01	0.50	10:19	20:37	15	2:10	241	3:01
Wechsel S -> R	-	2:20	-	17	0:47	96	1:04	0.50	12:39	25:18	15	2:57	85	3:35
Schwimmen Total	0.50	12:39	25:18	15	2:57	85	3:35	0.50	12:39	25:18	15	2:57	85	3:35
Rad netto	20.00	34:28	1:43	11	1:28	53	9:59	20.50	47:07	2:17	8	4:25	241	5:39
Wechsel R -> L	-	1:22	-	37	0:47	180	0:55	20.50	48:29	2:21	11	4:56	66	7:18
Rad Total	20.00	35:50	1:47	14	1:59	64	7:51	20.50	48:29	2:21	11	4:56	66	7:18
Lauf	5.00	22:05	4:24	8	2:41	67	4:27	25.50	1:10:34	2:46	10	6:51	59	9:14