



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Ding, Jürgen

Club: MRV Amicitia

Number: 221

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Category:

Senioren 1 (TM 40)

Total time: 1:11:46

Rank in course/Total: 80 (of 336)

Rank in course/Men: 72 (of 240)

Best time in course: 1:01:20

Rank in category: 13(of 31)

Best time in the category: 1:02:45

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Schwimmen nett	0.50	10:05	20:10	9	2:08	71	2:47	0.50	10:05	20:10	32	2:08	241	2:47
Wechsel S -> R	-	2:28	-	20	1:06	116	1:12	0.50	12:33	25:06	32	2:56	82	3:29
Schwimmen Total	0.50	12:33	25:06	32	2:56	82	3:29	0.50	12:33	25:06	32	2:56	82	3:29
Rad netto	20.00	34:44	1:44	11	2:39	61	10:15	20.50	47:17	2:18	32	3:16	241	5:49
Wechsel R -> L	-	1:05	-	15	0:35	124	0:38	20.50	48:22	2:21	10	7:11	62	7:11
Rad Total	20.00	35:49	1:47	9	3:13	62	7:50	20.50	48:22	2:21	10	7:11	62	7:11
Lauf	5.00	23:24	4:40	14	5:33	103	5:46	25.50	1:11:46	2:48	13	9:01	72	10:26