



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Reinhardt, Marc

Total time: 1:17:49

Club: SSG Trias Bensheim

Number: 215

Course: 25.50 km

Rank in course/Total: 148 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 128 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 29(of 42)

Senioren 3 (TM 50)

Best time in the category: 1:03:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:57	19:53	9	1:48	64	2:39	0.50	9:57	19:53	9	1:48	241	2:39
Wechsel S -> R	-	2:24	-	19	0:51	105	1:08	0.50	12:21	24:41	12	2:39	77	3:17
Schwimmen Total	0.50	12:21	24:41	12	2:39	77	3:17	0.50	12:21	24:41	12	2:39	77	3:17
Rad netto	20.00	39:10	1:57	34	6:10	164	14:41	20.50	51:31	2:30	26	8:49	241	10:03
Wechsel R -> L	-	1:14	-	29	0:39	162	0:47	20.50	52:45	2:34	25	9:12	120	11:34
Rad Total	20.00	40:24	2:01	33	6:33	166	12:25	20.50	52:45	2:34	25	9:12	120	11:34
Lauf	5.00	25:04	5:00	33	5:40	147	7:26	25.50	1:17:49	3:03	29	14:06	128	16:29