



# 13. Lorsch Triathlon

Lorsch / 14.08.2016

## Detailed evaluation

Redlow, Natascha

Total time: 1:38:00

Number: 166

Course: 25.50 km

Rank in course/Total: 314 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 82 (of 96)

Best time in course: 1:04:25

Category:

Rank in category: 14(of 15)

weibliche AK 2 (TW 25)

Best time in the category: 1:10:02

### Intermediate times

### Stage score

### Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	15:10	30:19	15	5:48	92	6:51	0.50	15:10	30:19	16	5:48	97	6:51
Wechsel S -> R	-	3:50	-	14	2:02	85	3:10	0.50	19:00	38:00	16	7:12	97	8:54
Schwimmen Total	0.50	19:00	38:00	16	7:12	97	8:54	0.50	19:00	38:00	16	7:12	97	8:54
Rad netto	20.00	48:22	2:25	14	12:25	86	15:29	20.50	1:07:22	3:17	16	19:16	97	24:04
Wechsel R -> L	-	0:49	-	5	0:20	19	0:20	20.50	1:08:11	3:19	16	19:36	97	24:18
Rad Total	20.00	49:11	2:27	14	12:40	85	15:43	20.50	1:08:11	3:19	16	19:36	97	24:18
Lauf	5.00	29:49	5:57	14	11:04	72	15:26	25.50	1:38:00	3:50	14	27:58	82	33:35