



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Fehrenbach, Nicole

Total time: 1:18:19

Club: Team Body-Attack

Number: 196

Course: 25.50 km

Rank in course/Total: 162 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 22 (of 96)

Best time in course: 1:04:25

Category:

Rank in category: 4(of 19)

Seniorinnen 1 (TW 40)

Best time in the category: 1:04:25

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	10:13	20:26	4	1:33	16	1:54	0.50	10:13	20:26	20	1:33	97	1:54
Wechsel S -> R	-	1:40	-	1	-	3	1:00	0.50	11:53	23:45	20	1:28	97	1:47
Schwimmen Total	0.50	11:53	23:45	20	1:28	97	1:47	0.50	11:53	23:45	20	1:28	97	1:47
Rad netto	20.00	38:19	1:54	4	5:26	21	5:26	20.50	50:12	2:26	20	6:54	97	6:54
Wechsel R -> L	-	0:55	-	5	0:20	31	0:26	20.50	51:07	2:29	20	7:14	97	7:14
Rad Total	20.00	39:14	1:57	4	5:46	21	5:46	20.50	51:07	2:29	20	7:14	97	7:14
Lauf	5.00	27:12	5:26	6	6:40	46	12:49	25.50	1:18:19	3:04	4	13:54	22	13:54