



# 13. Lorsch Triathlon

Lorsch / 14.08.2016

## Detailed evaluation

Strelow, Kathrin

Total time: 1:21:09

Number: 235

Course: 25.50 km

Rank in course/Total: 196 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 32 (of 96)

Best time in course: 1:04:25

Category:

Rank in category: 5(of 19)

Seniorinnen 1 (TW 40)

Best time in the category: 1:04:25

### Intermediate times

### Stage score

### Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	11:10	22:19	8	2:30	35	2:51	0.50	11:10	22:19	20	2:30	97	2:51
Wechsel S -> R	-	2:37	-	8	0:57	31	1:57	0.50	13:47	27:33	20	3:22	97	3:41
Schwimmen Total	0.50	13:47	27:33	20	3:22	97	3:41	0.50	13:47	27:33	20	3:22	97	3:41
Rad netto	20.00	38:28	1:55	5	5:35	25	5:35	20.50	52:15	2:32	20	8:57	97	8:57
Wechsel R -> L	-	1:16	-	11	0:41	66	0:47	20.50	53:31	2:36	20	9:38	97	9:38
Rad Total	20.00	39:44	1:59	5	6:16	23	6:16	20.50	53:31	2:36	20	9:38	97	9:38
Lauf	5.00	27:38	5:31	8	7:06	51	13:15	25.50	1:21:09	3:10	5	16:44	32	16:44