



# 13. Lorsch Triathlon

Lorsch / 14.08.2016

## Detailed evaluation

Jauch, Amelie

Total time: 1:21:48

Number: 206

Course: 25.50 km

Rank in course/Total: 203 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 35 (of 96)

Best time in course: 1:04:25

Category:

Rank in category: 7(of 15)

weibliche AK 2 (TW 25)

Best time in the category: 1:10:02

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	11:50	23:40	8	2:28	54	3:31	0.50	11:50	23:40	16	2:28	97	3:31
Wechsel S -> R	-	2:44	-	9	0:56	46	2:04	0.50	14:34	29:07	16	2:46	97	4:28
Schwimmen Total	0.50	14:34	29:07	16	2:46	97	4:28	0.50	14:34	29:07	16	2:46	97	4:28
Rad netto	20.00	39:29	1:58	6	3:32	32	6:36	20.50	54:03	2:38	16	5:57	97	10:45
Wechsel R -> L	-	1:45	-	15	1:16	88	1:16	20.50	55:48	2:43	16	7:13	97	11:55
Rad Total	20.00	41:14	2:03	8	4:43	37	7:46	20.50	55:48	2:43	16	7:13	97	11:55
Lauf	5.00	26:00	5:12	7	7:15	32	11:37	25.50	1:21:48	3:12	7	11:46	35	17:23