



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Jauch, Thomas

Club: ASV Ehningen

Number: 202

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Category:

Senioren 5 (TM 60)

Total time: 1:23:07

Rank in course/Total: 220 (of 336)

Rank in course/Men: 176 (of 240)

Best time in course: 1:01:20

Rank in category: 8(of 13)

Best time in the category: 1:06:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:15	22:30	6	1:49	131	3:57	0.50	11:15	22:30	14	1:49	241	3:57
Wechsel S -> R	-	2:59	-	9	1:34	159	1:43	0.50	14:14	28:27	14	3:13	141	5:10
Schwimmen Total	0.50	14:14	28:27	14	3:13	141	5:10	0.50	14:14	28:27	14	3:13	141	5:10
Rad netto	20.00	40:39	2:01	11	6:46	193	16:10	20.50	54:53	2:40	14	9:59	241	13:25
Wechsel R -> L	-	1:23	-	7	0:40	182	0:56	20.50	56:16	2:44	14	10:35	176	15:05
Rad Total	20.00	42:02	2:06	11	7:22	197	14:03	20.50	56:16	2:44	14	10:35	176	15:05
Lauf	5.00	26:51	5:22	10	8:09	186	9:13	25.50	1:23:07	3:15	8	16:52	176	21:47