



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Gärtner, Swen

Total time: 1:44:19

Number: 157

Course: 25.50 km

Rank in course/Total: 323 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 235 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 30(of 31)

Senioren 1 (TM 40)

Best time in the category: 1:02:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	17:19	34:37	31	9:22	237	10:01	0.50	17:19	34:37	32	9:22	241	10:01
Wechsel S -> R	-	5:03	-	31	3:41	234	3:47	0.50	22:22	44:44	32	12:45	241	13:18
Schwimmen Total	0.50	22:22	44:44	32	12:45	241	13:18	0.50	22:22	44:44	32	12:45	241	13:18
Rad netto	20.00	48:02	2:24	30	15:57	234	23:33	20.50	1:10:24	3:26	32	26:23	241	28:56
Wechsel R -> L	-	1:35	-	28	1:05	206	1:08	20.50	1:11:59	3:30	32	30:48	241	30:48
Rad Total	20.00	49:37	2:28	29	17:01	233	21:38	20.50	1:11:59	3:30	32	30:48	241	30:48
Lauf	5.00	32:20	6:28	31	14:29	228	14:42	25.50	1:44:19	4:05	30	41:34	235	42:59