



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Sturm, Anja

Total time: 1:25:52

Club: Team Besi & Friends

Number: 216

Course: 25.50 km

Rank in course/Total: 249 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 57 (of 96)

Best time in course: 1:04:25

Category:

Rank in category: 7(of 10)

weibliche AK 4 (TW 35)

Best time in the category: 1:10:01

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	12:38	25:15	10	2:19	67	4:19	0.50	12:38	25:15	11	2:19	97	4:19
Wechsel S -> R	-	3:31	-	9	1:59	80	2:51	0.50	16:09	32:17	11	4:08	97	6:03
Schwimmen Total	0.50	16:09	32:17	11	4:08	97	6:03	0.50	16:09	32:17	11	4:08	97	6:03
Rad netto	20.00	41:22	2:04	7	5:00	52	8:29	20.50	57:31	2:48	11	9:08	97	14:13
Wechsel R -> L	-	2:26	-	10	1:48	95	1:57	20.50	59:57	2:55	11	10:47	97	16:04
Rad Total	20.00	43:48	2:11	8	6:39	66	10:20	20.50	59:57	2:55	11	10:47	97	16:04
Lauf	5.00	25:55	5:11	5	5:04	30	11:32	25.50	1:25:52	3:22	7	15:51	57	21:27