



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Christen, Jürgen

Total time: 1:10:03

Club: DJK Käfertal-Waldhof

Number: 268

Course: 25.50 km

Rank in course/Total: 59 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 54 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 10(of 39)

Senioren 2 (TM 45)

Best time in the category: 1:03:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking			
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:49	25:37	29	5:15	183	5:31	0.50	12:49	25:37	40	5:15	241	5:31
Wechsel S -> R	-	2:02	-	11	0:32	64	0:46	0.50	14:51	29:41	40	5:47	241	5:47
Schwimmen Total	0.50	14:51	29:41	40	5:47	241	5:47	0.50	14:51	29:41	40	5:47	241	5:47
Rad netto	20.00	34:52	1:44	12	3:36	66	10:23	20.50	49:43	2:25	40	7:44	241	8:15
Wechsel R -> L	-	0:57	-	11	0:30	96	0:30	20.50	50:40	2:28	40	7:55	241	9:29
Rad Total	20.00	35:49	1:47	12	3:41	63	7:50	20.50	50:40	2:28	40	7:55	241	9:29
Lauf	5.00	19:23	3:52	2	0:31	13	1:45	25.50	1:10:03	2:44	10	6:37	54	8:43