



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Scholz, Gerhardt

Total time: 1:10:28

Number: 274

Course: 25.50 km

Rank in course/Total: 63 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 58 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 9(of 42)

Senioren 3 (TM 50)

Best time in the category: 1:03:43

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:02	22:03	22	2:53	122	3:44	0.50	11:02	22:03	43	2:53	241	3:44
Wechsel S -> R	-	1:48	-	7	0:15	35	0:32	0.50	12:50	25:40	43	3:08	241	3:46
Schwimmen Total	0.50	12:50	25:40	43	3:08	241	3:46	0.50	12:50	25:40	43	3:08	241	3:46
Rad netto	20.00	34:53	1:44	14	1:53	68	10:24	20.50	47:43	2:19	43	5:01	241	6:15
Wechsel R -> L	-	0:51	-	12	0:16	71	0:24	20.50	48:34	2:22	43	5:01	241	7:23
Rad Total	20.00	35:44	1:47	13	1:53	61	7:45	20.50	48:34	2:22	43	5:01	241	7:23
Lauf	5.00	21:54	4:22	7	2:30	62	4:16	25.50	1:10:28	2:45	9	6:45	58	9:08