



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Dauz, Renier

Total time: 1:33:21

Number: 217

Course: 25.50 km

Rank in course/Total: 305 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 227 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 20(of 20)

Senioren 4 (TM 55)

Best time in the category: 1:11:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:53	25:45	12	2:45	184	5:35	0.50	12:53	25:45	21	2:45	241	5:35
Wechsel S -> R	-	5:11	-	18	3:31	236	3:55	0.50	18:04	36:07	21	5:28	213	9:00
Schwimmen Total	0.50	18:04	36:07	21	5:28	213	9:00	0.50	18:04	36:07	21	5:28	213	9:00
Rad netto	20.00	43:06	2:09	20	9:26	220	18:37	20.50	1:01:10	2:59	20	14:51	241	19:42
Wechsel R -> L	-	1:52	-	18	1:05	223	1:25	20.50	1:03:02	3:04	20	15:47	221	21:51
Rad Total	20.00	44:58	2:14	20	10:22	221	16:59	20.50	1:03:02	3:04	20	15:47	221	21:51
Lauf	5.00	30:19	6:03	16	6:02	215	12:41	25.50	1:33:21	3:39	20	21:49	227	32:01