



# 13. Lorsch Triathlon

Lorsch / 14.08.2016

## Detailed evaluation

Stegmann, Danny

Total time: 1:14:07

Number: 253

Course: 25.50 km

Rank in course/Total: 110 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 97 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 15(of 24)

männliche AK 4 (TM 35)

Best time in the category: 1:02:39

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Pos		Behind	
						Pos Men	Behind Men	km	Time	min/km	Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:48	19:36	11	1:53	57	2:30	0.50	9:48	19:36	11	1:53	241	2:30
Wechsel S -> R	-	2:29	-	16	0:53	119	1:13	0.50	12:17	24:33	25	1:40	241	3:13
Schwimmen Total	0.50	12:17	24:33	25	1:40	241	3:13	0.50	12:17	24:33	25	1:40	241	3:13
Rad netto	20.00	36:11	1:48	15	11:42	96	11:42	20.50	48:28	2:21	25	4:41	241	7:00
Wechsel R -> L	-	1:01	-	16	0:27	108	0:34	20.50	49:29	2:24	25	5:05	241	8:18
Rad Total	20.00	37:12	1:51	15	9:13	93	9:13	20.50	49:29	2:24	25	5:05	241	8:18
Lauf	5.00	24:38	4:55	19	6:23	138	7:00	25.50	1:14:07	2:54	15	11:28	97	12:47