



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Schmich, Thomas

Total time: 1:18:00

Number: 280

Course: 25.50 km

Rank in course/Total: 152 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 132 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 4(of 13)

Senioren 5 (TM 60)

Best time in the category: 1:06:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	13:55	27:49	11	4:29	206	6:37	0.50	13:55	27:49	14	4:29	241	6:37
Wechsel S -> R	-	2:10	-	4	0:45	75	0:54	0.50	16:05	32:09	14	5:04	241	7:01
Schwimmen Total	0.50	16:05	32:09	14	5:04	241	7:01	0.50	16:05	32:09	14	5:04	241	7:01
Rad netto	20.00	37:49	1:53	4	3:56	135	13:20	20.50	53:54	2:37	14	9:00	241	12:26
Wechsel R -> L	-	0:56	-	4	0:13	91	0:29	20.50	54:50	2:40	14	9:09	241	13:39
Rad Total	20.00	38:45	1:56	4	4:05	127	10:46	20.50	54:50	2:40	14	9:09	241	13:39
Lauf	5.00	23:10	4:38	5	4:28	95	5:32	25.50	1:18:00	3:03	4	11:45	132	16:40