



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Gehrlein, Thomas

Total time: 1:19:33

Number: 257

Course: 25.50 km

Rank in course/Total: 180 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 155 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 27(of 39)

Senioren 2 (TM 45)

Best time in the category: 1:03:26

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:13	22:26	21	3:39	129	3:55	0.50	11:13	22:26	40	3:39	241	3:55
Wechsel S -> R	-	3:39	-	33	2:09	202	2:23	0.50	14:52	29:44	40	5:48	241	5:48
Schwimmen Total	0.50	14:52	29:44	40	5:48	241	5:48	0.50	14:52	29:44	40	5:48	241	5:48
Rad netto	20.00	41:24	2:04	33	10:08	202	16:55	20.50	56:16	2:44	40	14:17	241	14:48
Wechsel R -> L	-	2:13	-	39	1:46	232	1:46	20.50	58:29	2:51	40	15:44	241	17:18
Rad Total	20.00	43:37	2:10	33	11:29	208	15:38	20.50	58:29	2:51	40	15:44	241	17:18
Lauf	5.00	21:04	4:12	11	2:12	49	3:26	25.50	1:19:33	3:07	27	16:07	155	18:13