



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Grieser, Sandra

Total time: 1:26:43

Number: 276

Course: 25.50 km

Rank in course/Total: 257 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 61 (of 96)

Best time in course: 1:04:25

Category:

Rank in category: 11(of 19)

Seniorinnen 1 (TW 40)

Best time in the category: 1:04:25

Intermediate times

Stage score

Total ranking

| Control | Intermediate times | | | | Stage score | | | | Total ranking | | | | | |
|-----------------|--------------------|------------|--------------|----------|-------------|-----------|--------------|----------|---------------|--------------|----------|-------------|-----------|--------------|
| | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Schwimmen nett | 0.50 | 14:01 | 28:02 | 16 | 5:21 | 83 | 5:42 | 0.50 | 14:01 | 28:02 | 20 | 5:21 | 97 | 5:42 |
| Wechsel S -> R | - | 2:52 | - | 11 | 1:12 | 54 | 2:12 | 0.50 | 16:53 | 33:45 | 20 | 6:28 | 97 | 6:47 |
| Schwimmen Total | 0.50 | 16:53 | 33:45 | 20 | 6:28 | 97 | 6:47 | 0.50 | 16:53 | 33:45 | 20 | 6:28 | 97 | 6:47 |
| Rad netto | 20.00 | 40:20 | 2:00 | 8 | 7:27 | 40 | 7:27 | 20.50 | 57:13 | 2:47 | 20 | 13:55 | 97 | 13:55 |
| Wechsel R -> L | - | 1:29 | - | 15 | 0:54 | 76 | 1:00 | 20.50 | 58:42 | 2:51 | 20 | 14:49 | 65 | 14:49 |
| Rad Total | 20.00 | 41:49 | 2:05 | 9 | 8:21 | 45 | 8:21 | 20.50 | 58:42 | 2:51 | 20 | 14:49 | 65 | 14:49 |
| Lauf | 5.00 | 28:01 | 5:36 | 10 | 7:29 | 57 | 13:38 | 25.50 | 1:26:43 | 3:24 | 11 | 22:18 | 61 | 22:18 |