



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Gunkel, Jürgen

Total time: 1:26:43

Club: TEAM Body-Attack

Number: 195

Course: 25.50 km

Rank in course/Total: 258 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 197 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 14(of 20)

Senioren 4 (TM 55)

Best time in the category: 1:11:32

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:39	23:18	9	1:31	143	4:21	0.50	11:39	23:18	21	1:31	241	4:21
Wechsel S -> R	-	5:12	-	19	3:32	237	3:56	0.50	16:51	33:42	21	4:15	241	7:47
Schwimmen Total	0.50	16:51	33:42	21	4:15	241	7:47	0.50	16:51	33:42	21	4:15	241	7:47
Rad netto	20.00	40:31	2:01	16	6:51	191	16:02	20.50	57:22	2:47	21	11:03	241	15:54
Wechsel R -> L	-	1:07	-	6	0:20	133	0:40	20.50	58:29	2:51	21	11:14	241	17:18
Rad Total	20.00	41:38	2:04	15	7:02	187	13:39	20.50	58:29	2:51	21	11:14	241	17:18
Lauf	5.00	28:14	5:38	13	3:57	200	10:36	25.50	1:26:43	3:24	14	15:11	197	25:23