



# 13. Lorsch Triathlon

Lorsch / 14.08.2016

## Detailed evaluation

Schünemann, Enno

Total time: 1:08:36

Number: 293

Course: 25.50 km

Rank in course/Total: 42 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 41 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 6(of 28)

männliche AK 3 (TM 30)

Best time in the category: 1:01:20

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:18	22:36	18	3:08	133	4:00	0.50	11:18	22:36	18	3:08	133	4:00
Wechsel S -> R	-	2:26	-	10	0:44	110	1:10	0.50	13:44	27:27	29	3:29	241	4:40
Schwimmen Total	0.50	13:44	27:27	29	3:29	241	4:40	0.50	13:44	27:27	29	3:29	241	4:40
Rad netto	20.00	34:53	1:44	7	4:07	68	10:24	20.50	48:37	2:22	29	6:28	91	7:09
Wechsel R -> L	-	1:02	-	19	0:25	111	0:35	20.50	49:39	2:25	29	6:53	241	8:28
Rad Total	20.00	35:55	1:47	7	4:32	66	7:56	20.50	49:39	2:25	29	6:53	241	8:28
Lauf	5.00	18:57	3:47	2	0:23	11	1:19	25.50	1:08:36	2:41	6	7:16	41	7:16