



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Stein, Markus

Total time: 1:30:40

Number: 271

Course: 25.50 km

Rank in course/Total: 290 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 216 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 27(of 31)

Senioren 1 (TM 40)

Best time in the category: 1:02:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	13:06	26:11	26	5:09	188	5:48	0.50	13:06	26:11	32	5:09	241	5:48
Wechsel S -> R	-	4:32	-	30	3:10	229	3:16	0.50	17:38	35:15	32	8:01	241	8:34
Schwimmen Total	0.50	17:38	35:15	32	8:01	241	8:34	0.50	17:38	35:15	32	8:01	241	8:34
Rad netto	20.00	44:39	2:13	29	12:34	228	20:10	20.50	1:02:17	3:02	32	18:16	241	20:49
Wechsel R -> L	-	1:23	-	26	0:53	182	0:56	20.50	1:03:40	3:06	32	22:29	241	22:29
Rad Total	20.00	46:02	2:18	28	13:26	228	18:03	20.50	1:03:40	3:06	32	22:29	241	22:29
Lauf	5.00	27:00	5:24	27	9:09	187	9:22	25.50	1:30:40	3:33	27	27:55	216	29:20