



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Weber, Ralf

Total time: 1:10:53

Number: 334

Course: 25.50 km

Rank in course/Total: 70 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 64 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 9(of 31)

Senioren 1 (TM 40)

Best time in the category: 1:02:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking			
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	8:43	17:26	3	0:46	14	1:25	0.50	8:43	17:26	3	0:46	15	1:25
Wechsel S -> R	-	2:12	-	16	0:50	80	0:56	0.50	10:55	21:49	3	1:18	241	1:51
Schwimmen Total	0.50	10:55	21:49	3	1:18	241	1:51	0.50	10:55	21:49	3	1:18	241	1:51
Rad netto	20.00	34:43	1:44	10	2:38	60	10:14	20.50	45:38	2:13	32	1:37	36	4:10
Wechsel R -> L	-	1:08	-	17	0:38	142	0:41	20.50	46:46	2:16	32	5:35	241	5:35
Rad Total	20.00	35:51	1:47	10	3:15	65	7:52	20.50	46:46	2:16	32	5:35	241	5:35
Lauf	5.00	24:07	4:49	18	6:16	121	6:29	25.50	1:10:53	2:46	9	8:08	64	9:33