



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Rahn, Kim Vanessa

Total time: 1:31:39

Number: 256

Course: 25.50 km

Rank in course/Total: 296 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 75 (of 96)

Best time in course: 1:04:25

Category:

Rank in category: 5(of 6)

weibliche AK 1 (TW 20)

Best time in the category: 1:18:29

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	12:10	24:19	5	3:14	62	3:51	0.50	12:10	24:19	7	3:14	97	3:51
Wechsel S -> R	-	2:59	-	3	0:20	57	2:19	0.50	15:09	30:18	7	3:10	97	5:03
Schwimmen Total	0.50	15:09	30:18	7	3:10	97	5:03	0.50	15:09	30:18	7	3:10	97	5:03
Rad netto	20.00	43:36	2:10	4	5:47	74	10:43	20.50	58:45	2:51	7	8:57	97	15:27
Wechsel R -> L	-	0:51	-	4	0:12	24	0:22	20.50	59:36	2:54	7	8:55	97	15:43
Rad Total	20.00	44:27	2:13	4	5:45	70	10:59	20.50	59:36	2:54	7	8:55	97	15:43
Lauf	5.00	32:03	6:24	5	6:03	80	17:40	25.50	1:31:39	3:35	5	13:10	75	27:14