



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Geyer, Marc

Total time: 1:12:03

Club: NYRRC

Number: 299

Course: 25.50 km

Rank in course/Total: 84 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 76 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 14(of 39)

Senioren 2 (TM 45)

Best time in the category: 1:03:26

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:38	23:15	23	4:04	142	4:20	0.50	11:38	23:15	40	4:04	142	4:20
Wechsel S -> R	-	2:43	-	23	1:13	138	1:27	0.50	14:21	28:41	40	5:17	241	5:17
Schwimmen Total	0.50	14:21	28:41	40	5:17	241	5:17	0.50	14:21	28:41	40	5:17	241	5:17
Rad netto	20.00	35:55	1:47	16	4:39	88	11:26	20.50	50:16	2:27	40	8:17	109	8:48
Wechsel R -> L	-	1:05	-	18	0:38	124	0:38	20.50	51:21	2:30	40	8:36	241	10:10
Rad Total	20.00	37:00	1:51	17	4:52	90	9:01	20.50	51:21	2:30	40	8:36	241	10:10
Lauf	5.00	20:42	4:08	7	1:50	34	3:04	25.50	1:12:03	2:49	14	8:37	76	10:43