



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Okos, Peter

Total time: 1:12:45

Number: 326

Course: 25.50 km

Rank in course/Total: 94 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 85 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 14(of 24)

männliche AK 4 (TM 35)

Best time in the category: 1:02:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:37	21:14	14	2:42	101	3:19	0.50	10:37	21:14	25	2:42	102	3:19
Wechsel S -> R	-	2:28	-	15	0:52	116	1:12	0.50	13:05	26:10	25	2:28	241	4:01
Schwimmen Total	0.50	13:05	26:10	25	2:28	241	4:01	0.50	13:05	26:10	25	2:28	241	4:01
Rad netto	20.00	36:00	1:48	14	11:31	92	11:31	20.50	49:05	2:23	25	5:18	100	7:37
Wechsel R -> L	-	0:49	-	13	0:15	64	0:22	20.50	49:54	2:26	25	5:30	241	8:43
Rad Total	20.00	36:49	1:50	14	8:50	87	8:50	20.50	49:54	2:26	25	5:30	241	8:43
Lauf	5.00	22:51	4:34	11	4:36	86	5:13	25.50	1:12:45	2:51	14	10:06	85	11:25