



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Hellwig, Thomas

Total time: 1:14:09

Club: Wärmer Bremen

Number: 301

Course: 25.50 km

Rank in course/Total: 112 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 99 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 19(of 42)

Senioren 3 (TM 50)

Best time in the category: 1:03:43

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|----------|------------|--------------|----------|-------------|-------------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Schwimmen nett | 0.50 | 9:55 | 19:49 | 7 | 1:46 | 59 | 2:37 | 0.50 | 9:55 | 19:49 | 43 | 1:46 | 61 | 2:37 |
| Wechsel S -> R | - | 2:20 | - | 17 | 0:47 | 96 | 1:04 | 0.50 | 12:15 | 24:30 | 43 | 2:33 | 241 | 3:11 |
| Schwimmen Total | 0.50 | 12:15 | 24:30 | 43 | 2:33 | 241 | 3:11 | 0.50 | 12:15 | 24:30 | 43 | 2:33 | 241 | 3:11 |
| Rad netto | 20.00 | 36:32 | 1:49 | 21 | 3:32 | 104 | 12:03 | 20.50 | 48:47 | 2:22 | 43 | 6:05 | 95 | 7:19 |
| Wechsel R -> L | - | 1:13 | - | 28 | 0:38 | 159 | 0:46 | 20.50 | 50:00 | 2:26 | 43 | 6:27 | 241 | 8:49 |
| Rad Total | 20.00 | 37:45 | 1:53 | 23 | 3:54 | 107 | 9:46 | 20.50 | 50:00 | 2:26 | 43 | 6:27 | 241 | 8:49 |
| Lauf | 5.00 | 24:09 | 4:49 | 22 | 4:45 | 122 | 6:31 | 25.50 | 1:14:09 | 2:54 | 19 | 10:26 | 99 | 12:49 |