



# 13. Lorsch Triathlon

Lorsch / 14.08.2016

## Detailed evaluation

Kramer, Dominik

Total time: 1:15:49

Number: 311

Course: 25.50 km

Rank in course/Total: 124 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 108 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 13(of 28)

männliche AK 3 (TM 30)

Best time in the category: 1:01:20

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km			Pos Men	Behind Men
Schwimmen nett	0.50	10:49	21:37	14	2:39	110	3:31	0.50	10:49	21:37	14	2:39	110	3:31
Wechsel S -> R	-	3:04	-	18	1:22	166	1:48	0.50	13:53	27:45	29	3:38	241	4:49
Schwimmen Total	0.50	13:53	27:45	29	3:38	241	4:49	0.50	13:53	27:45	29	3:38	241	4:49
Rad netto	20.00	39:24	1:58	18	8:38	170	14:55	20.50	53:17	2:35	29	11:08	147	11:49
Wechsel R -> L	-	0:57	-	17	0:20	96	0:30	20.50	54:14	2:38	29	11:28	241	13:03
Rad Total	20.00	40:21	2:01	18	8:58	165	12:22	20.50	54:14	2:38	29	11:28	241	13:03
Lauf	5.00	21:35	4:18	10	3:01	56	3:57	25.50	1:15:49	2:58	13	14:29	108	14:29