



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Reinwarth, Jens

Total time: 1:16:01

Number: 300

Course: 25.50 km

Rank in course/Total: 126 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 110 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 3(of 20)

Senioren 4 (TM 55)

Best time in the category: 1:11:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:37	23:14	8	1:29	140	4:19	0.50	11:37	23:14	21	1:29	141	4:19
Wechsel S -> R	-	2:22	-	4	0:42	101	1:06	0.50	13:59	27:57	21	1:23	241	4:55
Schwimmen Total	0.50	13:59	27:57	21	1:23	241	4:55	0.50	13:59	27:57	21	1:23	241	4:55
Rad netto	20.00	34:15	1:42	2	0:35	46	9:46	20.50	48:14	2:21	21	1:55	83	6:46
Wechsel R -> L	-	2:15	-	20	1:28	233	1:48	20.50	50:29	2:27	21	3:14	241	9:18
Rad Total	20.00	36:30	1:49	2	1:54	82	8:31	20.50	50:29	2:27	21	3:14	241	9:18
Lauf	5.00	25:32	5:06	4	1:15	157	7:54	25.50	1:16:01	2:58	3	4:29	110	14:41