



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Nissler, Axel

Total time: 1:37:02

Number: 260

Course: 25.50 km

Rank in course/Total: 313 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 232 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 38(of 39)

Senioren 2 (TM 45)

Best time in the category: 1:03:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:46	25:32	28	5:12	181	5:28	0.50	12:46	25:32	40	5:12	241	5:28
Wechsel S -> R	-	3:37	-	32	2:07	198	2:21	0.50	16:23	32:45	40	7:19	241	7:19
Schwimmen Total	0.50	16:23	32:45	40	7:19	241	7:19	0.50	16:23	32:45	40	7:19	241	7:19
Rad netto	20.00	43:47	2:11	37	12:31	224	19:18	20.50	1:00:10	2:56	40	18:11	241	18:42
Wechsel R -> L	-	1:48	-	35	1:21	222	1:21	20.50	1:01:58	3:01	40	19:13	241	20:47
Rad Total	20.00	45:35	2:16	38	13:27	224	17:36	20.50	1:01:58	3:01	40	19:13	241	20:47
Lauf	5.00	35:04	7:00	39	16:12	236	17:26	25.50	1:37:02	3:48	38	33:36	232	35:42