



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Smejkal, Emil

Total time: 1:18:53

Club: SG Poseidon Eppelheim

Number: 22

Course: 25.50 km

Rank in course/Total: 170 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 147 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 2(of 7)

Senioren 6 (TM 65)

Best time in the category: 1:14:08

Intermediate times

Stage score

Total ranking

| Control | Intermediate times | | | | Stage score | | | | Total ranking | | | | | |
|-----------------|--------------------|------------|--------------|----------|-------------|---------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
| | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Schwimmen nett | 0.50 | 14:16 | 28:32 | 6 | 3:16 | 209 | 6:58 | 0.50 | 14:16 | 28:32 | 8 | 3:16 | 241 | 6:58 |
| Wechsel S -> R | - | 1:40 | - | 1 | - | 12 | 0:24 | 0.50 | 15:56 | 31:52 | 8 | 3:16 | 241 | 6:52 |
| Schwimmen Total | 0.50 | 15:56 | 31:52 | 8 | 3:16 | 241 | 6:52 | 0.50 | 15:56 | 31:52 | 8 | 3:16 | 241 | 6:52 |
| Rad netto | 20.00 | 36:56 | 1:50 | 2 | 1:11 | 117 | 12:27 | 20.50 | 52:52 | 2:34 | 8 | 2:30 | 241 | 11:24 |
| Wechsel R -> L | - | 1:39 | - | 3 | 0:57 | 212 | 1:12 | 20.50 | 54:31 | 2:39 | 8 | 3:27 | 241 | 13:20 |
| Rad Total | 20.00 | 38:35 | 1:55 | 2 | 2:08 | 122 | 10:36 | 20.50 | 54:31 | 2:39 | 8 | 3:27 | 241 | 13:20 |
| Lauf | 5.00 | 24:22 | 4:52 | 2 | 1:18 | 129 | 6:44 | 25.50 | 1:18:53 | 3:05 | 2 | 4:45 | 147 | 17:33 |