



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Baumgarten, Jürgen

Club: Running Sibana

Number: 304

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Category:

Senioren 4 (TM 55)

Total time: 1:19:13

Rank in course/Total: 176 (of 336)

Rank in course/Men: 152 (of 240)

Best time in course: 1:01:20

Rank in category: 6(of 20)

Best time in the category: 1:11:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:16	20:32	2	0:08	82	2:58	0.50	10:16	20:32	21	0:08	83	2:58
Wechsel S -> R	-	2:48	-	8	1:08	144	1:32	0.50	13:04	26:07	21	0:28	241	4:00
Schwimmen Total	0.50	13:04	26:07	21	0:28	241	4:00	0.50	13:04	26:07	21	0:28	241	4:00
Rad netto	20.00	36:48	1:50	5	3:08	115	12:19	20.50	49:52	2:25	21	3:33	106	8:24
Wechsel R -> L	-	1:44	-	17	0:57	218	1:17	20.50	51:36	2:31	21	4:21	241	10:25
Rad Total	20.00	38:32	1:55	6	3:56	121	10:33	20.50	51:36	2:31	21	4:21	241	10:25
Lauf	5.00	27:37	5:31	12	3:20	194	9:59	25.50	1:19:13	3:06	6	7:41	152	17:53