



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Heckmann, David

Total time: 1:20:22

Club: LAZ Triathlon Mosbach

Number: 315

Course: 25.50 km

Rank in course/Total: 189 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 161 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 14(of 16)

männliche AK 2 (TM 25)

Best time in the category: 1:01:54

Intermediate times

Stage score

Total ranking

| Control | Split | | Pos | Behind | Pos | | Total | Total | Total | Pos | Behind | Pos | Behind | |
|-----------------|-------|-------|-------|--------|--------|------|-------|-------|---------|-------|--------|-------|--------|-------|
| | km | Time | | | min/km | Cat. | | | | | | | | Cat. |
| Schwimmen nett | 0.50 | 9:02 | 18:03 | 5 | 1:44 | 27 | 1:44 | 0.50 | 9:02 | 18:03 | 5 | 1:44 | 27 | 1:44 |
| Wechsel S -> R | - | 3:04 | - | 15 | 1:43 | 166 | 1:48 | 0.50 | 12:06 | 24:11 | 12 | 2:44 | 241 | 3:02 |
| Schwimmen Total | 0.50 | 12:06 | 24:11 | 12 | 2:44 | 241 | 3:02 | 0.50 | 12:06 | 24:11 | 12 | 2:44 | 241 | 3:02 |
| Rad netto | 20.00 | 40:30 | 2:01 | 14 | 8:47 | 190 | 16:01 | 20.50 | 52:36 | 2:33 | 13 | 11:08 | 140 | 11:08 |
| Wechsel R -> L | - | 1:27 | - | 16 | 0:56 | 192 | 1:00 | 20.50 | 54:03 | 2:38 | 13 | 11:36 | 241 | 12:52 |
| Rad Total | 20.00 | 41:57 | 2:05 | 14 | 9:20 | 195 | 13:58 | 20.50 | 54:03 | 2:38 | 13 | 11:36 | 241 | 12:52 |
| Lauf | 5.00 | 26:19 | 5:15 | 14 | 8:41 | 174 | 8:41 | 25.50 | 1:20:22 | 3:09 | 14 | 18:28 | 161 | 19:02 |