



# 13. Lorsch Triathlon

Lorsch / 14.08.2016

## Detailed evaluation

Heckmann, David

Total time: 1:20:22

Club: LAZ Triathlon Mosbach

Number: 315

Course: 25.50 km

Rank in course/Total: 189 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 161 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 14(of 16)

männliche AK 2 (TM 25)

Best time in the category: 1:01:54

### Intermediate times

### Stage score

### Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:02	18:03	5	1:44	27	1:44	0.50	9:02	18:03	5	1:44	27	1:44
Wechsel S -> R	-	3:04	-	15	1:43	166	1:48	0.50	12:06	24:11	12	2:44	241	3:02
Schwimmen Total	0.50	12:06	24:11	12	2:44	241	3:02	0.50	12:06	24:11	12	2:44	241	3:02
Rad netto	20.00	40:30	2:01	14	8:47	190	16:01	20.50	52:36	2:33	13	11:08	140	11:08
Wechsel R -> L	-	1:27	-	16	0:56	192	1:00	20.50	54:03	2:38	13	11:36	241	12:52
Rad Total	20.00	41:57	2:05	14	9:20	195	13:58	20.50	54:03	2:38	13	11:36	241	12:52
Lauf	5.00	26:19	5:15	14	8:41	174	8:41	25.50	1:20:22	3:09	14	18:28	161	19:02