



# 13. Lorsch Triathlon

Lorsch / 14.08.2016

## Detailed evaluation

**Basin, Stefan**

**Total time: 1:19:50**

Club: Wa - No Worms

Number: 1

Course: 25.50 km

Rank in course/Total: 182 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 157 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 33(of 42)

Senioren 3 (TM 50)

Best time in the category: 1:03:43

### Intermediate times

### Stage score

### Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Schwimmen nett	0.50	14:24	28:48	38	6:15	211	7:06	0.50	14:24	28:48	43	6:15	241	7:06
Wechsel S -> R	-	3:22	-	37	1:49	188	2:06	0.50	17:46	35:31	43	8:04	241	8:42
Schwimmen Total	0.50	17:46	35:31	43	8:04	241	8:42	0.50	17:46	35:31	43	8:04	241	8:42
Rad netto	20.00	38:27	1:55	32	5:27	154	13:58	20.50	56:13	2:44	43	13:31	241	14:45
Wechsel R -> L	-	0:40	-	3	0:05	28	0:13	20.50	56:53	2:46	43	13:20	241	15:42
Rad Total	20.00	39:07	1:57	30	5:16	138	11:08	20.50	56:53	2:46	43	13:20	241	15:42
Lauf	5.00	22:57	4:35	14	3:33	90	5:19	25.50	1:19:50	3:07	33	16:07	157	18:30