



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Roos, Yannick

Total time: 1:22:50

Number: 331

Course: 25.50 km

Rank in course/Total: 215 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 173 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 2(of 4)

männliche AK 1 (TM 20)

Best time in the category: 1:08:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen nett	0.50	11:59	23:57	2	1:22	158	4:41	0.50	11:59	23:57	2	1:22	158	4:41
Wechsel S -> R	-	3:51	-	3	1:28	209	2:35	0.50	15:50	31:40	3	2:50	241	6:46
Schwimmen Total	0.50	15:50	31:40	3	2:50	241	6:46	0.50	15:50	31:40	3	2:50	241	6:46
Rad netto	20.00	38:46	1:56	2	3:36	159	14:17	20.50	54:36	2:39	2	6:26	174	13:08
Wechsel R -> L	-	0:39	-	2	0:06	24	0:12	20.50	55:15	2:41	2	6:19	241	14:04
Rad Total	20.00	39:25	1:58	2	3:29	143	11:26	20.50	55:15	2:41	2	6:19	241	14:04
Lauf	5.00	27:35	5:30	3	7:34	193	9:57	25.50	1:22:50	3:14	2	13:53	173	21:30