



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Heusser, Saskia

Total time: 1:24:13

Number: 306

Course: 25.50 km

Rank in course/Total: 229 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 49 (of 96)

Best time in course: 1:04:25

Category:

Rank in category: 9(of 15)

weibliche AK 2 (TW 25)

Best time in the category: 1:10:02

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	12:04	24:07	11	2:42	60	3:45	0.50	12:04	24:07	16	2:42	97	3:45
Wechsel S -> R	-	3:03	-	12	1:15	60	2:23	0.50	15:07	30:14	16	3:19	97	5:01
Schwimmen Total	0.50	15:07	30:14	16	3:19	97	5:01	0.50	15:07	30:14	16	3:19	97	5:01
Rad netto	20.00	41:52	2:05	12	5:55	59	8:59	20.50	56:59	2:46	16	8:53	97	13:41
Wechsel R -> L	-	0:34	-	2	0:05	2	0:05	20.50	57:33	2:48	16	8:58	97	13:40
Rad Total	20.00	42:26	2:07	11	5:55	51	8:58	20.50	57:33	2:48	16	8:58	97	13:40
Lauf	5.00	26:40	5:20	9	7:55	40	12:17	25.50	1:24:13	3:18	9	14:11	49	19:48