



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Reddies, Steffen

Total time: 1:05:36

Club: TSV Lingenfeld

Number: 392

Course: 25.50 km

Rank in course/Total: 20 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 18 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 5(of 24)

männliche AK 4 (TM 35)

Best time in the category: 1:02:39

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:38	19:15	9	1:43	50	2:20	0.50	9:38	19:15	25	1:43	241	2:20
Wechsel S -> R	-	1:44	-	3	0:08	28	0:28	0.50	11:22	22:44	25	0:45	241	2:18
Schwimmen Total	0.50	11:22	22:44	25	0:45	241	2:18	0.50	11:22	22:44	25	0:45	241	2:18
Rad netto	20.00	32:41	1:38	5	8:12	13	8:12	20.50	44:03	2:08	25	0:16	241	2:35
Wechsel R -> L	-	0:48	-	11	0:14	59	0:21	20.50	44:51	2:11	25	0:27	241	3:40
Rad Total	20.00	33:29	1:40	4	5:30	12	5:30	20.50	44:51	2:11	25	0:27	241	3:40
Lauf	5.00	20:45	4:09	6	2:30	35	3:07	25.50	1:05:36	2:34	5	2:57	18	4:16