



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Schretthäuser, Rolf

Total time: 1:07:23

Club: TRIDEE

Number: 376

Course: 25.50 km

Rank in course/Total: 34 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 33 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 6(of 39)

Senioren 2 (TM 45)

Best time in the category: 1:03:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking		Pos Men	Behind Men
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.		
Schwimmen nett	0.50	8:55	17:49	3	1:21	20	1:37	0.50	8:55	17:49	40	1:21	241	1:37
Wechsel S -> R	-	1:50	-	4	0:20	39	0:34	0.50	10:45	21:30	40	1:41	241	1:41
Schwimmen Total	0.50	10:45	21:30	40	1:41	241	1:41	0.50	10:45	21:30	40	1:41	241	1:41
Rad netto	20.00	33:07	1:39	3	1:51	19	8:38	20.50	43:52	2:08	40	1:53	241	2:24
Wechsel R -> L	-	1:00	-	13	0:33	104	0:33	20.50	44:52	2:11	40	2:07	241	3:41
Rad Total	20.00	34:07	1:42	3	1:59	24	6:08	20.50	44:52	2:11	40	2:07	241	3:41
Lauf	5.00	22:31	4:30	16	3:39	75	4:53	25.50	1:07:23	2:38	6	3:57	33	6:03