



# 13. Lorsch Triathlon

Lorsch / 14.08.2016

## Detailed evaluation

**Bergmann, Ralf**

**Total time: 1:09:11**

Club: LAZ Triathlon Mosbach

Number: 393

Course: 25.50 km

Rank in course/Total: 47 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 46 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 6(of 42)

Senioren 3 (TM 50)

Best time in the category: 1:03:43

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen nett	0.50	11:05	22:10	23	2:56	124	3:47	0.50	11:05	22:10	43	2:56	241	3:47	
Wechsel S -> R	-	1:48	-	7	0:15	35	0:32	0.50	12:53	25:45	43	3:11	241	3:49	
Schwimmen Total	0.50	12:53	25:45	43	3:11	241	3:49	0.50	12:53	25:45	43	3:11	241	3:49	
Rad netto	20.00	33:15	1:39	2	0:15	22	8:46	20.50	46:08	2:15	43	3:26	241	4:40	
Wechsel R -> L	-	0:51	-	12	0:16	71	0:24	20.50	46:59	2:17	43	3:26	241	5:48	
Rad Total	20.00	34:06	1:42	2	0:15	22	6:07	20.50	46:59	2:17	43	3:26	241	5:48	
Lauf	5.00	22:12	4:26	9	2:48	70	4:34	25.50	1:09:11	2:42	6	5:28	46	7:51	