



# 13. Lorsch Triathlon

Lorsch / 14.08.2016

## Detailed evaluation

Überhofen, Armin

Total time: 1:17:00

Club: Team-Niebel-Sport

Number: 373

Course: 25.50 km

Rank in course/Total: 133 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 115 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 23(of 42)

Senioren 3 (TM 50)

Best time in the category: 1:03:43

### Intermediate times

### Stage score

### Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:59	21:57	21	2:50	120	3:41	0.50	10:59	21:57	43	2:50	241	3:41
Wechsel S -> R	-	2:40	-	27	1:07	135	1:24	0.50	13:39	27:18	23	3:57	117	4:35
Schwimmen Total	0.50	13:39	27:18	23	3:57	117	4:35	0.50	13:39	27:18	23	3:57	117	4:35
Rad netto	20.00	38:15	1:54	31	5:15	149	13:46	20.50	51:54	2:31	43	9:12	241	10:26
Wechsel R -> L	-	1:24	-	38	0:49	184	0:57	20.50	53:18	2:35	43	9:45	241	12:07
Rad Total	20.00	39:39	1:58	31	5:48	152	11:40	20.50	53:18	2:35	43	9:45	241	12:07
Lauf	5.00	23:42	4:44	19	4:18	110	6:04	25.50	1:17:00	3:01	23	13:17	115	15:40