



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Glanzner, Robert

Total time: 1:17:46

Number: 400

Course: 25.50 km

Rank in course/Total: 147 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 126 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 28(of 42)

Senioren 3 (TM 50)

Best time in the category: 1:03:43

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Schwimmen nett	0.50	10:09	20:18	11	2:00	75	2:51	0.50	10:09	20:18	43	2:00	241	2:51
Wechsel S -> R	-	2:15	-	15	0:42	84	0:59	0.50	12:24	24:48	43	2:42	241	3:20
Schwimmen Total	0.50	12:24	24:48	43	2:42	241	3:20	0.50	12:24	24:48	43	2:42	241	3:20
Rad netto	20.00	39:05	1:57	33	6:05	162	14:36	20.50	51:29	2:30	43	8:47	241	10:01
Wechsel R -> L	-	1:21	-	34	0:46	174	0:54	20.50	52:50	2:34	43	9:17	241	11:39
Rad Total	20.00	40:26	2:01	34	6:35	167	12:27	20.50	52:50	2:34	43	9:17	241	11:39
Lauf	5.00	24:56	4:59	30	5:32	144	7:18	25.50	1:17:46	3:02	28	14:03	126	16:26