



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Schmelzing, Helene

Total time: 1:18:29

Number: 380

Course: 25.50 km

Rank in course/Total: 167 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 23 (of 96)

Best time in course: 1:04:25

Category:

Rank in category: 1(of 6)

weibliche AK 1 (TW 20)

Best time in the category: 1:18:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	8:56	17:52	1	-	6	0:37	0.50	8:56	17:52	1	-	7	0:37
Wechsel S -> R	-	3:03	-	4	0:24	60	2:23	0.50	11:59	23:57	1	-	97	1:53
Schwimmen Total	0.50	11:59	23:57	1	-	97	1:53	0.50	11:59	23:57	1	-	97	1:53
Rad netto	20.00	37:49	1:53	1	-	17	4:56	20.50	49:48	2:25	1	-	97	6:30
Wechsel R -> L	-	0:53	-	5	0:14	28	0:24	20.50	50:41	2:28	1	-	97	6:48
Rad Total	20.00	38:42	1:56	1	-	15	5:14	20.50	50:41	2:28	1	-	97	6:48
Lauf	5.00	27:48	5:33	2	1:48	55	13:25	25.50	1:18:29	3:04	1	-	23	14:04