



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Günster, Britta

Total time: 1:20:01

Number: 391

Course: 25.50 km

Rank in course/Total: 183 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 26 (of 96)

Best time in course: 1:04:25

Category:

Rank in category: 4(of 14)

weibliche AK 3 (TW 30)

Best time in the category: 1:09:38

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	12:01	24:02	10	3:42	58	3:42	0.50	12:01	24:02	15	3:42	97	3:42
Wechsel S -> R	-	3:17	-	10	1:30	71	2:37	0.50	15:18	30:36	15	5:12	97	5:12
Schwimmen Total	0.50	15:18	30:36	15	5:12	97	5:12	0.50	15:18	30:36	15	5:12	97	5:12
Rad netto	20.00	36:32	1:49	2	2:28	8	3:39	20.50	51:50	2:31	15	5:07	97	8:32
Wechsel R -> L	-	1:13	-	11	0:36	61	0:44	20.50	53:03	2:35	15	5:31	97	9:10
Rad Total	20.00	37:45	1:53	2	2:52	8	4:17	20.50	53:03	2:35	15	5:31	97	9:10
Lauf	5.00	26:58	5:23	8	12:35	43	12:35	25.50	1:20:01	3:08	4	10:23	26	15:36