



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Kuchta, Iris

Total time: 1:20:28

Number: 377

Course: 25.50 km

Rank in course/Total: 190 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 29 (of 96)

Best time in course: 1:04:25

Category:

Rank in category: 4(of 10)

weibliche AK 4 (TW 35)

Best time in the category: 1:10:01

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	12:10	24:19	9	1:51	62	3:51	0.50	12:10	24:19	11	1:51	97	3:51
Wechsel S -> R	-	2:25	-	4	0:53	23	1:45	0.50	14:35	29:10	11	2:34	97	4:29
Schwimmen Total	0.50	14:35	29:10	11	2:34	97	4:29	0.50	14:35	29:10	11	2:34	97	4:29
Rad netto	20.00	39:58	1:59	3	3:36	38	7:05	20.50	54:33	2:39	11	6:10	97	11:15
Wechsel R -> L	-	0:46	-	2	0:08	13	0:17	20.50	55:19	2:41	11	6:09	97	11:26
Rad Total	20.00	40:44	2:02	3	3:35	34	7:16	20.50	55:19	2:41	11	6:09	97	11:26
Lauf	5.00	25:09	5:01	4	4:18	24	10:46	25.50	1:20:28	3:09	4	10:27	29	16:03