



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Novotny, Wolfgang

Club: Weschnitztaler Braumanufaktur

Number: 330

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Category:

Senioren 4 (TM 55)

Total time: 1:24:17

Rank in course/Total: 231 (of 336)

Rank in course/Men: 181 (of 240)

Best time in course: 1:01:20

Rank in category: 9(of 20)

Best time in the category: 1:11:32

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen nett	0.50	11:55	23:49	10	1:47	155	4:37	0.50	11:55	23:49	21	1:47	241	4:37	
Wechsel S -> R	-	3:59	-	15	2:19	213	2:43	0.50	15:54	31:48	21	3:18	241	6:50	
Schwimmen Total	0.50	15:54	31:48	21	3:18	241	6:50	0.50	15:54	31:48	21	3:18	241	6:50	
Rad netto	20.00	38:35	1:55	8	4:55	156	14:06	20.50	54:29	2:39	21	8:10	241	13:01	
Wechsel R -> L	-	0:57	-	4	0:10	96	0:30	20.50	55:26	2:42	21	8:11	241	14:15	
Rad Total	20.00	39:32	1:58	8	4:56	150	11:33	20.50	55:26	2:42	21	8:11	241	14:15	
Lauf	5.00	28:51	5:46	15	4:34	206	11:13	25.50	1:24:17	3:18	9	12:45	181	22:57	