



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Niebauer, Claudia

Total time: 1:04:25

Club: Team Pfälzer Land

Number: 73

Course: 25.50 km

Rank in course/Total: 14 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 1 (of 96)

Best time in course: 1:04:25

Category:

Rank in category: 1(of 19)

Seniorinnen 1 (TW 40)

Best time in the category: 1:04:25

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	8:40	17:19	1	-	3	0:21	0.50	8:40	17:19	1	-	3	0:21
Wechsel S -> R	-	1:45	-	2	0:05	6	1:05	0.50	10:25	20:49	1	-	2	0:19
Schwimmen Total	0.50	10:25	20:49	1	-	2	0:19	0.50	10:25	20:49	1	-	2	0:19
Rad netto	20.00	32:53	1:38	1	-	1	-	20.50	43:18	2:06	1	-	1	-
Wechsel R -> L	-	0:35	-	1	-	3	0:06	20.50	43:53	2:08	1	-	1	-
Rad Total	20.00	33:28	1:40	1	-	1	-	20.50	43:53	2:08	1	-	1	-
Lauf	5.00	20:32	4:06	1	-	4	6:09	25.50	1:04:25	2:31	1	-	1	-