



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Luppe, Tobias

Total time: 1:29:50

Number: 368

Course: 25.50 km

Rank in course/Total: 281 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 211 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 26(of 31)

Senioren 1 (TM 40)

Best time in the category: 1:02:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:27	22:53	18	3:30	136	4:09	0.50	11:27	22:53	32	3:30	241	4:09
Wechsel S -> R	-	4:05	-	28	2:43	218	2:49	0.50	15:32	31:03	32	5:55	241	6:28
Schwimmen Total	0.50	15:32	31:03	32	5:55	241	6:28	0.50	15:32	31:03	32	5:55	241	6:28
Rad netto	20.00	42:28	2:07	27	10:23	212	17:59	20.50	58:00	2:49	32	13:59	241	16:32
Wechsel R -> L	-	1:27	-	27	0:57	192	1:00	20.50	59:27	2:54	32	18:16	241	18:16
Rad Total	20.00	43:55	2:11	26	11:19	215	15:56	20.50	59:27	2:54	32	18:16	241	18:16
Lauf	5.00	30:23	6:04	28	12:32	216	12:45	25.50	1:29:50	3:31	26	27:05	211	28:30