



# 13. Lorsch Triathlon

Lorsch / 14.08.2016

## Detailed evaluation

**Rensch, Gerda**

**Total time: 1:31:25**

Club: RV03 Bürstadt

Number: 363

Course: 25.50 km

Rank in course/Total: 293 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 74 (of 96)

Best time in course: 1:04:25

Category:

Rank in category: 12(of 14)

weibliche AK 3 (TW 30)

Best time in the category: 1:09:38

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	14:09	28:18	14	5:50	84	5:50	0.50	14:09	28:18	15	5:50	97	5:50
Wechsel S -> R	-	3:37	-	12	1:50	82	2:57	0.50	17:46	35:31	15	7:40	97	7:40
Schwimmen Total	0.50	17:46	35:31	15	7:40	97	7:40	0.50	17:46	35:31	15	7:40	97	7:40
Rad netto	20.00	44:16	2:12	11	10:12	76	11:23	20.50	1:02:02	3:01	15	15:19	97	18:44
Wechsel R -> L	-	1:04	-	8	0:27	48	0:35	20.50	1:03:06	3:04	15	15:34	97	19:13
Rad Total	20.00	45:20	2:15	11	10:27	76	11:52	20.50	1:03:06	3:04	15	15:34	97	19:13
Lauf	5.00	28:19	5:39	10	13:56	63	13:56	25.50	1:31:25	3:35	12	21:47	74	27:00