



13. Lorsch Triathlon

Lorsch / 14.08.2016

Detailed evaluation

Keilmann, Christian

Total time: 1:25:11

Club: DLRG Lorsch

Number: 4

Course: 25.50 km

Rank in course/Total: 240 (of 336)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 186 (of 240)

Best time in course: 1:01:20

Category:

Rank in category: 31(of 39)

Senioren 2 (TM 45)

Best time in the category: 1:03:26

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:45	21:30	17	3:11	106	3:27	0.50	10:45	21:30	40	3:11	241	3:27
Wechsel S -> R	-	3:23	-	30	1:53	189	2:07	0.50	14:08	28:15	40	5:04	241	5:04
Schwimmen Total	0.50	14:08	28:15	40	5:04	241	5:04	0.50	14:08	28:15	40	5:04	241	5:04
Rad netto	20.00	40:12	2:00	32	8:56	183	15:43	20.50	54:20	2:39	29	12:21	241	12:52
Wechsel R -> L	-	1:06	-	20	0:39	129	0:39	20.50	55:26	2:42	40	12:41	241	14:15
Rad Total	20.00	41:18	2:03	31	9:10	180	13:19	20.50	55:26	2:42	40	12:41	241	14:15
Lauf	5.00	29:45	5:57	34	10:53	211	12:07	25.50	1:25:11	3:20	31	21:45	186	23:51